



Biobalance Integrated Wellness™

Train Your Brain, Clear Your Mind, Enjoy Your Life!

We are dedicated to working with each individual from a holistic perspective. In addition to providing advanced neurofeedback training utilizing the BrainPaint® System, we provide wellness evaluations that assist individuals in lifestyle habits that support not only brain health, but overall health and well-being. We value coordination of care with existing providers, and make appropriate referrals for key ingredients of health including nutrition, medical care, exercise, and community support for connection, belonging, and purpose.

Leadership:



Tina Buck, PhD, CRC, LPC, Owner, has extensive training and experience in the mental/behavioral health field since 1991. She has followed the trends of neurofeedback since 1993.



Brenda McIntyre, BS, RPSGT, R.EEG.T, has been a practicing neurodiagnostician since 2004 primarily in the areas of sleep labs and surgical neurophysiology.

Contact us at
biobalance.us/contact



Biobalance Integrated Wellness™

27 Subway Box 1502, Bisbee, AZ 85603-1502

Neurofeedback Training Centers

In Southeastern Arizona: Sierra Vista and Bisbee.

Neurofeedback Home User Services

BIOBALANCE INTEGRATED WELLNESS LLC is the exclusive authorized provider of BrainPaint® for home use. *Accessible, affordable, effective neurofeedback training in the comfort of your home.* For more information visit neurofeedbackhomeuser.com.



**NEUROFEEDBACK
HOME USER SERVICES**

powered by **BrainPaint®** 

Standardized Neurotrainer Program

Empowering organizations through standardized training and support to adopt the BrainPaint® neurofeedback system. For use with non-profit organizations, health centers, military/veteran populations, and more.

Call **520-227-4509**

Email info@biobalance.us

Contact us online:

biobalance.us/contact

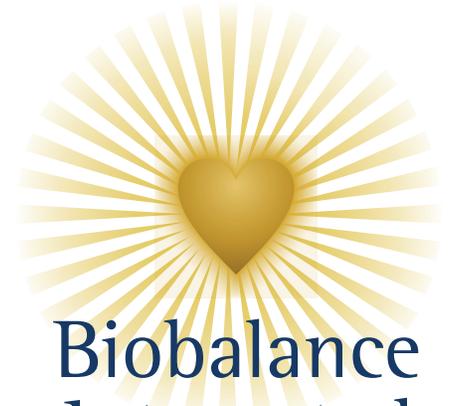
PTSD, TBI, and Addictions: There is a simple, evidence-based solution.

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Neurofeedback Training

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What is Neurofeedback?

Neurofeedback (EEG biofeedback) technology gives the brain information about its own electrical output, in the form of visual and auditory feedback, which shows the brain how to function more efficiently. The brain learns to how to repeat these efficient states on its own, resulting in clients feeling calmer, more focused, confident, composed, energetic, and agreeable. The method is non-invasive and fun!

COMMON APPLICATIONS FOR NEUROFEEDBACK INCLUDE:

ADD/ADHD

In November 2012, neurofeedback was rated a Level 1 Best Support intervention for ADD/ADHD by the American Academy of Pediatrics.

Addictions

BrainPaint® uses protocols from the UCLA study that showed a 77% recovery rate for neurofeedback trainees as compared to a 44% recovery rate in the control group one year after treatment.

Anxiety/Depression/Insomnia/Stress

The symptoms experienced are often noticeably diminished within 5-8 sessions of BrainPaint® training. Simply completing the BrainPaint® evaluation often helps trainees understand their symptoms.

Autism Spectrum Disorders (ASD)

ASD symptoms vary, so training is individualized to target symptoms. A 40% reduction in ASD symptoms have been found with use of neurofeedback.

Post-Traumatic Stress (PTSD)

Alpha/theta protocols built into the BrainPaint® software provide means for gaining healthy control over “fight/flight/freeze” reactions associated with trauma. See <http://p-t-s-d.com>.

TBI/Head Injuries/Seizures/Stroke

The brain can be strengthened, and new neural pathways formed, helping the brain to recover from injury.

Meditation

Guidance from BrainPaint® protocols can greatly enhance the ability to stabilize meditation states.



Why BrainPaint®

BrainPaint® is advanced software that maximizes the benefits of neurofeedback. In 2012, BrainPaint® was selected by StartUp Health Network as one of the top ten health care startup companies in the U.S. BrainPaint® utilizes evidence-based protocols validated in large randomized control studies. The audio and visual feedback is cutting edge, multidimensional—and fascinating!

How it Works

Training goals are set and a symptom-based evaluation is completed. The BrainPaint® software uses the evaluation to select a set of protocols to achieve individual goals. The protocols involve placement of sensors and targeting brainwave frequencies for training. Feedback is both auditory and visual, helping to guide the brain. The trainee observes the audio and visual feedback, and lets their brain and the software do the rest.

Protocols are timed so that a session can be completed in 50–55 minutes. Neurofeedback requires at least two sessions per week to be effective but can be used more often for faster results, up to twice a day. About 80% of BrainPaint® trainees notice positive results within 5–8 sessions.

Lasting Results

Results are stabilized in an average of 30–50 sessions. Unlike going to the gym repeatedly to maintain physical condition, once the brain is trained and has integrated the training process, the training is complete! Brain training is not meant to replace appropriate use of medications. However, many trainees are able to reduce or eliminate their use of prescription medications under the care of their prescribing provider.